

October

SER-Ninos

Breakfast K8

			Breakfast Entree 1 Maple Belgian Waffle Fruit Apple Juice Pears	Breakfast Entree 2 Lucky Charms Cereal Fruit Blueberries Apple Juice
Breakfast Entree 5 Trix Cereal Bar Fruit Applesauce Apple Juice	Breakfast Entree 6 Cinnamon Toast Crunch Mini French Toast Fruit Mixed Fruit Apple Juice	Breakfast Entree 7 Cinnamon Snack'n Waffle Fruit Banana Apple Juice	Breakfast Entree 8 Turkey Sausage Biscuit Fruit Pears Apple Juice	
Breakfast Entree 12 Apple Cinnamon Nutri- Grain Bar Fruit Applesauce Apple Juice	Breakfast Entree 13 Breakfast Turkey Sausage Pizza Fruit Mixed Fruit Apple Juice	Breakfast Entree 14 Mini Confetti Pancakes Fruit Banana Apple Juice	Breakfast Entree 15 Maple Pancake, Chicken Sausage & Cheese Sandwich Fruit Pears Apple Juice	Breakfast Entree 16 Yogurt & Granola Fruit Blueberries Apple Juice
Breakfast Entree 19 Cocoa Puffs Cereal Fruit Applesauce Apple Juice	Breakfast Entree 20 NEW!! Beef & Chicken Maple Kolache Fruit Mixed Fruit Apple Juice	Breakfast Entree 21 Blueberry Belgian Waffle Fruit Banana Apple Juice	Breakfast Entree 22 Honey Chicken Biscuit Fruit Pears Apple Juice	Breakfast Entree 23 Strawberry Pop Tart Fruit Blueberries Apple Juice
Breakfast Entree 26 Trix Cereal Fruit Applesauce Apple Juice	Breakfast Entree 27 Turkey Sausage, Egg & Cheese Breakfast Bagel Fruit Mixed Fruit Apple Juice	Breakfast Entree 28 Mini Confetti Pancakes Fruit Banana Apple Juice	Breakfast Entree 29 Trix Mini French Toast Fruit Apple Juice Pears	Breakfast Entree 30 Banana Muffin Fruit Apple Juice Blueberries

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October

SER-Ninos Lunch Preschool

			Lunch Entree Chicken Alfredo Vegetables Broccoli Florets Fruit Diced Peaches	1	Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Diced Carrots Fruit Applesauce	2			
Lunch Entree Meatball Sub Fruit Pineapple Tidbits	5	Lunch Entree BBQ Chicken Slider Vegetables Diced Carrots Fruit Pears	6	Lunch Entree "Fried" Chicken Bowl with Mashed Potatoes Fruit Blueberries	7	Lunch Entree Beef Taco Vegetables Pinto Beans Fruit Diced Peaches	8		9
Lunch Entree BBQ Chicken Tender Sandwich Vegetables Corn Fruit Pineapple Tidbits	12	Lunch Entree Beef & Cheese Quesadilla Vegetables Pinto Beans Fruit Pears	13	Lunch Entree Chicken Smackers with Mac & Cheese Vegetables Diced Carrots Fruit Blueberries	14	Lunch Entree Breakfast for Lunch: Scrambled Eggs & French Toast Sticks Vegetables Seasoned Potatoes Fruit Diced Peaches	15	Lunch Entree Mozzarella Stuffed Breadsticks with Marinara Dip Vegetables Spaghetti Sauce Dip Fruit Applesauce	16
Lunch Entree Cheeseburger Vegetables Diced Carrots Fruit Pineapple Tidbits	19	Lunch Entree Grilled Chicken & Cheese Taco Vegetables Pinto Beans Fruit Pears	20	Lunch Entree Popcorn Chicken Vegetables Smile Shaped Potatoes Fruit Blueberries	21	Lunch Entree Spaghetti & Meatsauce Vegetables Broccoli Florets Fruit Diced Peaches	22	Lunch Entree Turkey Pepperoni Pizza Rippers Vegetables Diced Carrots Fruit Applesauce	23
Lunch Entree Soybutter & Jelly Sandwich Vegetables Corn Fruit Pineapple Tidbits	26	Lunch Entree Grilled Cheese Vegetables Baked Beans Fruit Pears	27	Lunch Entree Loaded Tot-chos: Tater Tots with Ground Beef & Queso Fruit Blueberries	28	Lunch Entree Chicken Smackers & Ketchup Vegetables Diced Carrots Fruit Diced Peaches	29	Lunch Entree Italian Pull Apart Cheese & Garlic Bread Vegetables Cucumber Slices Fruit Applesauce	30

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SER-Ninos

Lunch K8

			Lunch Entree Chicken Alfredo Vegetables Brocoli Florets Broccoli Florets Fruit Red Apple Slices	1	Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Diced Carrots Corn Fruit Pear Halves	2			
Lunch Entree Meatball Sub Vegetables Diced Potatoes Fruit Craisins	5	Lunch Entree Mini Chicken Corn Dogs Vegetables Broccoli Diced Carrots Fruit Apple Juice	6	Lunch Entree "Fried" Chicken Bowl with Mashed Potatoes & Corn Fruit Orange	7	Lunch Entree Beef & Cheese Walking Taco Vegetables Pinto Beans Diced Carrots Fruit Red Apple Slices	8		9
Lunch Entree BBQ Chicken Tender Sandwich Vegetables Green Beans Corn Fruit Raisins Condiments Ranch Packet	12	Lunch Entree Cheese & Green Chile Tamale Vegetables Pinto Beans Diced Carrots Fruit Apple Juice Condiments Cholula Packet	13	Lunch Entree Chicken Smackers with Mac & Cheese Vegetables Wango Mango Juice Box Diced Carrots Fruit Orange	14	Lunch Entree Breakfast for Lunch: Scrambled Eggs & French Toast Sticks Vegetables Dragon Punch Diced Potatoes Fruit Red Apple Slices	15	Lunch Entree Mozzarella Stuffed Breadsticks with Marinara Dip Vegetables Broccoli Spaghetti Sauce Dip Fruit Cran-Grape Juice	16
Lunch Entree Cheeseburger Vegetables Oven Baked Carrot Fries 3/4 Cup Fruit Craisins	19	Lunch Entree Grilled Chicken & Cheese Taco Vegetables Pinto Beans Corn Fruit Apple Juice	20	Lunch Entree Popcorn Chicken Vegetables Green Beans Smile Shaped Potatoes Fruit Orange Grains Honey Graham Crackers	21	Lunch Entree Spaghetti & Meatballs Vegetables Brocoli Florets Fruit Red Apple Slices	22	Lunch Entree Turkey Pepperoni Pizza Rippers Vegetables Diced Carrots Corn Fruit Raisins	23
Lunch Entree All Beef Hot Dog Vegetables Tater Tots Green Beans Fruit Raisins	26	Lunch Entree Grilled Cheese Vegetables Baked Beans Broccoli Fruit Apple Juice	27	Lunch Entree Loaded Fries with Ground Beef & Queso Vegetables Pinto Beans Fruit Orange Grains Honey Graham Crackers	28	Lunch Entree Chicken Smackers & Ketchup Vegetables Diced Carrots Fruit Sliced Apples Grains Broccoli Cheese Rice	29	Lunch Entree Italian Pull Apart Cheese & Garlic Bread Vegetables Baby Carrots & Cucumber Fruit Craisins Condiments Ranch Packet	30

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Lunch HS

			Lunch Entree Chicken Alfredo Vegetables Brocoli Florets Baby Carrots Fruit Red Apple Slices Apple Juice Grains Dinner Roll	1	Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Diced Carrots Corn Fruit Diced Peaches Apple Juice	2			
Lunch Entree Meatball Sub Vegetables Diced Potatoes Fruit Craisins Apple Juice	5	Lunch Entree Mini Chicken Corn Dogs Vegetables Broccoli Diced Carrots Fruit Apple Crisps Apple Juice	6	Lunch Entree "Fried" Chicken Bowl with Mashed Potatoes & Corn Fruit Orange Apple Juice Grains Dinner Roll	7	Lunch Entree Beef & Cheese Walking Taco Vegetables Pinto Beans Diced Carrots Fruit Red Apple Slices Apple Juice Grains Honey Graham Crackers	8		9
Lunch Entree BBQ Chicken Tender Sandwich Vegetables Green Beans Corn Fruit Raisins Apple Juice	12	Lunch Entree Cheese & Green Chile Tamale Vegetables Pinto Beans Diced Carrots Fruit Apple Juice Apple Crisps	13	Lunch Entree Chicken Smackers with Mac & Cheese Vegetables Wango Mango Juice Box Diced Carrots Fruit Orange Apple Juice Grains Dinner Roll	14	Lunch Entree Breakfast for Lunch: Scrambled Eggs & French Toast Sticks Vegetables Dragon Punch Diced Potatoes Fruit Red Apple Slices Apple Juice Grains Dinner Roll	15	Lunch Entree Mozzarella Stuffed Breadsticks with Marinara Dip Vegetables Spaghetti Sauce Dip Broccoli Fruit Pear Halves Apple Juice	16
Lunch Entree Cheeseburger Vegetables Oven Baked Carrot Fries 3/4 Cup Diced Carrots Fruit Sour Mixed Berry Raisins Apple Juice	19	Lunch Entree Chicken Fajitas Vegetables Pinto Beans Corn Fruit Apple Juice Apple Crisps Grains Honey Graham Crackers	20	Lunch Entree Popcorn Chicken Vegetables Green Beans Smile Shaped Potatoes Fruit Orange Apple Juice Grains Dinner Roll	21	Lunch Entree Spaghetti & Meatballs Vegetables Brocoli Florets Fruit Red Apple Slices Apple Juice	22	Lunch Entree Turkey Pepperoni Pizza Rippers Vegetables Diced Carrots Corn Fruit Raisins Apple Juice	23
Lunch Entree All Beef Hot Dog Vegetables Tater Tots Fruit Craisins Apple Juice	26	Lunch Entree Grilled Cheese Vegetables Baked Beans Broccoli Fruit Apple Juice Apple Crisps	27	Lunch Entree Loaded Fries with Ground Beef & Queso Vegetables Pinto Beans Fruit Apple Juice Orange Grains Honey Graham Crackers Giant Vanilla Goldfish	28	Lunch Entree Chicken Smackers & Ketchup Vegetables Diced Carrots Fruit Sliced Apples Apple Juice Grains Broccoli Cheese Rice Dinner Roll	29	Lunch Entree Italian Pull Apart Cheese & Garlic Bread Vegetables Cucumber Slices Baby Carrots Fruit Pear Halves Apple Juice Condiments Ranch Packet	30

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