



March 2023

SER-Ninos Breakfast K-12

		Breakfast Entree Mini Cinnamon French Toast Fruit Orange Apple Juice	01	Breakfast Entree Turkey Sausage Biscuit Sandwich Fruit Grapes Apple Juice	02	Breakfast Entree Blueberry Muffin Top Fruit Diced Peaches Apple Juice	03		
Breakfast Entree Cinnamon Crumble Fruit Craisins Apple Juice	06	Breakfast Entree Chicken, Beef & Cheese Kolache Fruit Apple Juice Banana	07	Breakfast Entree Maple Waffle Fruit Orange Apple Juice	08	Breakfast Entree Biscuit & Jelly Fruit Grapes Apple Juice	09	Breakfast Entree Mini Cinnamon Rolls Fruit Diced Peaches Apple Juice	10
	13		14		15		16		17
Breakfast Entree Cinnamon Toast Crunch Soft Filled Bar Fruit Craisins Apple Juice	20	Breakfast Entree Biscuit & Jelly Fruit Apple Juice Banana	21	Breakfast Entree Mini Cinnamon Waffles Fruit Orange Apple Juice	22	Breakfast Entree Egg & Cheese Biscuit Sandwich Fruit Grapes Apple Juice	23	Breakfast Entree Yogurt & Granola Fruit Diced Peaches Apple Juice	24
Breakfast Entree Frosted Flakes Fruit Craisins Apple Juice	27	Breakfast Entree Breakfast Turkey Sausage Pizza Fruit Apple Juice Banana	28	Breakfast Entree Mini Cinnamon French Toast Fruit Orange Apple Juice	29	Breakfast Entree Turkey Sausage Biscuit Sandwich Fruit Grapes Apple Juice	30	Breakfast Entree Blueberry Muffin Top Fruit Diced Peaches Apple Juice	31

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- mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410
- fax: (202) 690-7442; or
- email: program.intake@usda.gov.

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March 2023

SER-Ninos Preschool Lunch

		Lunch Entree Diced Grilled Chicken Vegetables Green Beans Fruit Banana Grains Mac & Cheese	01	Lunch Entree Grilled Cheese Vegetables Creamed Corn Fruit Diced Peaches	02	Lunch Entree Chicken Alfredo Vegetables Carrots Fruit Red Apple Slices	03		
Lunch Entree Cheeseburger Vegetables Baked Beans Fruit Sliced Oranges	06	Lunch Entree Chicken Nuggets Vegetables Green Beans Fruit Blueberries	07	Lunch Entree BBQ Chicken Vegetables Carrots Fruit Banana Grains Dinner Roll	08	Lunch Entree Mozzarella Cheese Stuffed Breadsticks Vegetables Marinara Sauce Dunk Cup Fruit Diced Peaches	09	Lunch Entree Cheesy Rigatoni Vegetables Broccoli Fruit Red Apple Slices	10
	13		14		15		16		17
Lunch Entree Breaded Chicken Sandwich Vegetables Wedge Cut Fries Fruit Sliced Oranges	20	Lunch Entree BBQ Chicken Vegetables Baked Beans Fruit Blueberries Grains Dinner Roll	21	Lunch Entree Salisbury Steak w/ Gravy Vegetables Creamed Corn Fruit Banana Grains Blended Rice	22	Lunch Entree Spaghetti & Meatballs Fruit Diced Peaches	23	Lunch Entree Pizza Crunchers Vegetables Carrots Fruit Red Apple Slices	24
Lunch Entree Sloppy Joe Vegetables Wedge Cut Fries Fruit Sliced Oranges	27	Lunch Entree Beef Taco Vegetables Pinto Beans Fruit Blueberries	28	Lunch Entree Diced Grilled Chicken Vegetables Green Beans Fruit Banana Grains Mac & Cheese	29	Lunch Entree Grilled Cheese Vegetables Creamed Corn Fruit Diced Peaches	30	Lunch Entree Chicken Alfredo Vegetables Carrots Fruit Red Apple Slices	31

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March 2023

SER-Ninos Lunch K-8 Ser Ninos

		Lunch Entree Grilled Chicken Vegetables Green Beans Collard Greens Fruit Banana Grains Mac & Cheese	01	Lunch Entree Grilled Cheese Vegetables Sweet Potato Fries Corn Fruit Diced Peaches	02	Lunch Entree Chicken Alfredo Vegetables Diced Carrots Broccoli Fruit Red Apple Slices	03		
Lunch Entree Cheeseburger Vegetables Baked Beans Corn Fruit Orange	06	Lunch Entree Chicken Tenders & BBQ Sauce Vegetables Diced Carrots Green Peas Fruit Blueberries	07	Lunch Entree Oven Fried Chicken Drumstick Vegetables Sliced Carrots Collard Greens Fruit Banana Grains Cheesy Cornbread Muffin	08	Lunch Entree Mozzarella Cheese Stuffed Breadsticks Vegetables Marinara Sauce Dunk Cup Green Beans Fruit Craisins	09	Lunch Entree Cheesy Rigatoni Vegetables Broccoli Glazed Carrots Fruit Cool Tropics Slush	10
	13		14		15		16		17
Lunch Entree Breaded Chicken Sandwich Vegetables Green Beans Crinkle Cut Fries Fruit Orange	20	Lunch Entree BBQ Chicken Drumstick Vegetables Diced Carrots Baked Beans Fruit Blueberries Grains Bread	21	Lunch Entree Salisbury Steak w/ Gravy Vegetables Corn Sugar Snap Peas Fruit Banana Grains Blended Rice	22	Lunch Entree Spaghetti & Meatballs Vegetables Green Peas Fruit Diced Peaches	23	Lunch Entree Papa Johns Cheese Pizza Vegetables Broccoli Carrots Fruit Red Apple Slices	24
Lunch Entree WG Battered Corn Dog Vegetables Baby Carrots Wedge Cut Fries Diced Carrots Fruit Orange Misc. Ranch	27	Lunch Entree Beef Taco Vegetables Sautéed Peppers & Onions Pinto Beans Fruit Blueberries Grains Mexican Rice	28	Lunch Entree Grilled Chicken Vegetables Green Beans Collard Greens Fruit Banana Grains Mac & Cheese	29	Lunch Entree Grilled Cheese Vegetables Sweet Potato Fries Corn Fruit Diced Peaches	30	Lunch Entree Chicken Alfredo Vegetables Diced Carrots Broccoli Fruit Red Apple Slices	31

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March 2023

SER-Ninos Lunch 9-12 Ser Ninos

		Lunch Entree Grilled Chicken Vegetables Green Beans Collard Greens Fruit Pineapple Banana Grains Dinner Roll Mac & Cheese	01	Lunch Entree Grilled Cheese Vegetables Sweet Potato Fries Corn Fruit Diced Peaches Craisins	02	Lunch Entree Chicken Alfredo Vegetables Diced Carrots Broccoli Fruit Orange Red Apple Slices	03		
Lunch Entree Cheeseburger Vegetables Corn Baked Beans Fruit Diced Peaches Orange	06	Lunch Entree Chicken Tenders & BBQ Sauce Vegetables Diced Carrots Green Peas Fruit Blueberries Banana Grains Dinner Roll	07	Lunch Entree Oven Fried Chicken Drumstick Vegetables Sliced Carrots Collard Greens Fruit Pineapple Banana Grains Cheesy Cornbread Muffin Misc. Cheddar Cheese Cubes	08	Lunch Entree Mozzarella Cheese Stuffed Breadsticks Vegetables Marinara Sauce Dunk Cup Green Beans Fruit Craisins Diced Peaches	09	Lunch Entree Cheesy Rigatoni Vegetables Broccoli Sliced Carrots Fruit Cool Tropics Slush Red Apple Slices	10
	13		14		15		16		17
Lunch Entree Breaded Chicken Sandwich Vegetables Green Beans Crinkle Cut Fries Fruit Orange Diced Peaches	20	Lunch Entree BBQ Chicken Drumstick Vegetables Diced Carrots Baked Beans Fruit Blueberries Banana Grains Bread Misc. Cheddar Cheese Cubes	21	Lunch Entree Salisbury Steak w/ Gravy Vegetables Sugar Snap Peas Corn Fruit Banana Pineapple Grains Blended Rice	22	Lunch Entree Spaghetti & Meatballs Vegetables Green Peas Sliced Carrots Fruit Diced Peaches Craisins	23	Lunch Entree Papa Johns Cheese Pizza Vegetables Broccoli Sliced Carrots Fruit Red Apple Slices Orange	24
Lunch Entree WG Battered Corn Dog Vegetables Baby Carrots Wedge Cut Fries Diced Carrots Fruit Diced Peaches Orange Misc. Ranch	27	Lunch Entree Beef Taco Vegetables Sautéed Peppers & Onions Pinto Beans Fruit Blueberries Banana Grains Mexican Rice	28	Lunch Entree Grilled Chicken Vegetables Green Beans Collard Greens Fruit Pineapple Banana Grains Dinner Roll Mac & Cheese	29	Lunch Entree Grilled Cheese Vegetables Sweet Potato Fries Corn Fruit Diced Peaches Craisins	30	Lunch Entree Chicken Alfredo Vegetables Diced Carrots Broccoli Fruit Orange Red Apple Slices	31

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