



# February 2023

## SER-Ninos 22-23 Lunch K-8 Ser Ninos

		<b>Lunch Entree</b> Grilled Chicken <b>Vegetables</b> Green Beans Collard Greens <b>Fruit</b> Banana <b>Grains</b> Mac & Cheese	01	<b>Lunch Entree</b> Grilled Cheese <b>Vegetables</b> Corn Sweet Potato Fries <b>Fruit</b> Diced Peaches	02	<b>Lunch Entree</b> Chicken Alfredo <b>Vegetables</b> Diced Carrots Broccoli <b>Fruit</b> Red Apple Slices	03		
<b>Lunch Entree</b> Cheeseburger <b>Vegetables</b> Corn Baked Beans <b>Fruit</b> Orange	06	<b>Lunch Entree</b> Chicken Tenders & BBQ Sauce <b>Vegetables</b> Diced Carrots Green Peas <b>Fruit</b> Pears	07	<b>Lunch Entree</b> Oven Fried Chicken Drumstick <b>Vegetables</b> Collard Greens Sliced Carrots <b>Fruit</b> Banana <b>Grains</b> Cheesy Cornbread Muffin	08	<b>Lunch Entree</b> Spaghetti & Meatsauce <b>Vegetables</b> Vegetable Blend Broccoli <b>Fruit</b> Craisins	09	<b>Lunch Entree</b> Mozzarella Cheese Stuffed Breadsticks <b>Vegetables</b> Green Beans Marinara Sauce Dunk Cup <b>Fruit</b> Red Apple Slices	10
<b>Lunch Entree</b> Turkey Hot Dog <b>Vegetables</b> Crinkle Cut Fries Baby Carrots <b>Fruit</b> Orange <b>Misc.</b> Ranch	13	<b>Lunch Entree</b> Chicken Fajitas <b>Vegetables</b> Pinto Beans Sautéed Peppers & Onions <b>Fruit</b> Cool Tropics Slush <b>Grains</b> Mexican Rice <b>Milk</b> Valentine's Day Strawberry Milk	14	<b>Lunch Entree</b> Breakfast for Lunch: Scrambled Eggs, Turkey Sausage & French Toast Sticks <b>Vegetables</b> Salsa Diced Potatoes <b>Fruit</b> Banana	15	<b>Lunch Entree</b> Chicken Nuggets <b>Vegetables</b> Mashed Potatoes & Gravy Green Beans <b>Fruit</b> Diced Peaches	16	<b>Lunch Entree</b> Cheesy Chicken Spaghetti <b>Vegetables</b> Broccoli Carrots <b>Fruit</b> Red Apple Slices	17
<b>Lunch Entree</b> Papa Johns Cheese Pizza <b>Vegetables</b> Baby Carrots Celery <b>Fruit</b> Orange <b>Misc.</b> Ranch	20	<b>Lunch Entree</b> BBQ Chicken Drumstick <b>Vegetables</b> Diced Carrots Baked Beans <b>Fruit</b> Pears <b>Grains</b> Bread	21	<b>Lunch Entree</b> Salisbury Steak w/ Gravy <b>Vegetables</b> Corn Sugar Snap Peas <b>Fruit</b> Banana <b>Grains</b> Blended Rice	22	<b>Lunch Entree</b> Spaghetti & Meatballs <b>Vegetables</b> Green Peas <b>Fruit</b> Diced Peaches	23	<b>Lunch Entree</b> Mozzarella Cheese Stuffed Breadsticks <b>Vegetables</b> Broccoli Marinara Sauce Dunk Cup <b>Fruit</b> Red Apple Slices	24
<b>Lunch Entree</b> WG Battered Corn Dog <b>Vegetables</b> Baby Carrots Wedge Cut Fries Diced Carrots <b>Fruit</b> Orange <b>Misc.</b> Ranch	27	<b>Lunch Entree</b> Beef Taco <b>Vegetables</b> Sautéed Peppers & Onions Pinto Beans <b>Fruit</b> Pears <b>Grains</b> Mexican Rice	28						

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